

START LIVING

## **ENERGIZE YOUR BODY**

There are many reasons why people may experience low levels of energy. Diet, lifestyle, illness and health are all key influencers but a key contributer is also the lack of the naturally occurring nutrient Ubiquinol. This nutrient that the body produces, plays a vital role in the body's ability to produce energy.

RevitaLiYF has been created to help you:

- BOOST YOUR ENERGY AND STAMINA LEVELS
- SUPPORT YOUR CARDIOVASCULAR SYSTEM
- ▶ HELP YOU FEEL YOUNGER
- REDUCE THE NORMAL SIGNS OF AGING
- NERVOUS SYSTEM
- REPLENISH YOUR COQ10 LEVELS IF YOU'RE TAKING A STATIN DRUGS

RevitaLiYF helps restore normal levels of the Ubiquinol in your system and maintain healthy levels in your plasma and tissues. The body of a healthy 20-year-old produces all the CoQ10 it needs to then convert this into Ubiquinol to use in producing cellular energy. As we get older, our bodies become less efficient at converting CoQ10 into Ubiquinol. However, even if your system is producing enough CoQ10, your body may not be able to put it to use because it can't convert it into what it really needs: Ubiquinol. With RevitaLiYF, there is no need to convert the CoQ10 into Ubiquinol, which means your body has little or no work to do before it can start producing energy.

## A LITTLE BIT OF SCIENCE

## RevitaLiYF is a synergistic blend of Ubiquinol & Resveratrol

Ubiquinol is the reduced and more bioavailable form of CO-enzyme Q10 (uniquinone). Ubiquinol's primary role is in the synthesis of energy in the form of ATP and as a protective antioxidant. It is considered as the strongest lipid soluble antioxidant synthesized in the body, providing an active defense against oxidative damage to lipids, proteins and DNA.

Resveratrol, extracted from black grapes, is one of the best water soluble antioxidant

Antioxidants are generally classified into two broad categories... water soluble (hydrophilic) and lipid soluble (hydrophobic). Our body needs both types of antioxidants because each one targets different types of cells and tissues for free radical scavenging.

Water soluble antioxidants - These are present in aqueous fluids, such as blood and intracellular and extracellular fluids. They react with oxidants in the cell cytosol (fluid portion of cytoplasm) and the blood plasma.

Resveratrol is one of the best water based anti-oxidants.

Lipid soluble antioxidants - These are localized to cellular membranes and lipoproteins. They protect cell membranes from lipid peroxidation. **Ubiquinolis one of the strongest lipid based anti-oxidants.** Your body needs both types of antioxidants to fight and help neutralize pesky free radicals. you need both types of antioxidants. When taken together, the efficiency of water- and lipid-soluble antioxidants is very effective in increasing the body's natural energy

## DO YOU NEED RevitaLiYF?

As your body ages it will be producing less and less of the nutrients it requires to help you live a full and energetic life. As we get older our bodies need more care, help and attention. RevitaLiYF assists positively towards your body producing the energy it needs.

RevitaLiYF can also help you if you are:

Recovering from a recent surgery
Above the age of 35
Taking statins
Diabetic

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Have high blood pressure / hypertension

Going through IVF treatment for male infertility or Ooctyte quality
Suffering from psychiatric conditions such as Parkinson's /Alzheimer's
/ dementia



## **BENEFITS OF LiYFcycle**

- ▶ PRODUCE MORE CELL ENERGY
- **BOOST YOUR HEART'S HEALTH**
- N HELP MAINTAIN BLOOD PRESSURE LEVELS
- N AN ANTIOXIDANT TO HELP PROTECT YOU FROM FREE RADICALS
- **№** REDUCE THE SIGNS OF NORMAL AGING
- ▶ PROVIDES A BOOST TO YOUR IMMUNE SYSTEM
- **N** SUPPORTS YOUR NERVOUS SYSTEM
- N HELPS YOU TO FEEL YOUNGER





# **ABOUT RevitaLiYF**

LiYFcycle has been designed by an experienced team of medical professionals, scientists and Ayurveda experts around the world, with years of experience.

LiYFcycle can be taken along with most other nutritional supplements and prescribed medications. Also, please ask your doctor or other healthcare provider about taking any medicine or supplement.

## RevitaLiYF WORKS TO

#### PRODUCE MORE CELL ENERGY

Acts as a catalyst in your body's various chemical reactions, leading to the production of energy. Ignites your body's engine by jump-starting energy production in your cells.

#### **BOOST YOUR HEART'S HEALTH**

Helps strengthen your overall cardiovascular system. Helps maintain and balance the critical energy levels required for your body's most vital muscle, your heart. It is especially effective if you are taking a statin drug as it will deplete the body's Co-enzyme levels.

#### HELP MAINTAIN BLOOD PRESSURE LEVELS

Promotes healthy blood circulation in your body. Research indicates maintaining proper levels of CoQ10 can help you maintain normal blood pressure levels.

#### AN ANTIOXIDANT TO HELP PROTECT YOU FROM FREE RADICALS

Provides your body with added defences against oxidation stress to your cells, tissues, and organs. Helps recharge other antioxidant nutrients to their active states and keeps them working efficiently.

## REDUCE THE SIGNS OF NORMAL AGING

Helps you potentially feel more alert and responsive.

Maintain your vitality by keeping blood levels high in CoQ10

#### PROVIDES A BOOST TO YOUR IMMUNE SYSTEM

Helps support your immune system by providing a defense against free radicals.

## SUPPORTS YOUR NERVOUS SYSTEM

Preserves brain functioning, combats migraines and psychiatric conditions such as Parkinson's, Alzheimer's and mental dementia.



## HELPS YOU TO FEEL YOUNGER

Increased cell energy allows you to do more. RevitaLiYF makes your cells produce the energy your body requires, so you can start living a better quality of life.



